# Registration

#### Pre-registration is required.

Register for the **Full-Day course** or the

**Challenge Course** 

Seats are limited and granted in order of registrations received.

Register at The Risk Management & Tort Defense Division website found at:

www.discoveringmontana.com/doa/rmtd

There is no fee for this course. There will be a cancellation charge for registered participants who do not attend. Space is limited.

### This course is open to all employees of the State of Montana

RMTD promotes making reasonable accommodations for persons with disabilities who wish to participate in any of our sponsored sessions. Please contact us in advance if you request reasonable accommodation. RMTD PO Box 200124, Helena, MT 59620 / (406) 444-2421.

### Dates



## ocations

**ALL COURSES ARE FROM** 9:30AM to 4:30PM Challenge Course 8:30 to 9:15AM

HELENA 2/13/03

FW&P Headquarters Conf. Room 1420 East 6<sup>th</sup>

MISSOULA 2/19/03

DOJ Forensic Sciences Conf. Room 2679 Palmer Street

KALISPELL 2/27/03

Central School Museum 124 2<sup>nd</sup> Ave. East

GREAT FALLS 3/06/03

Job Service Conf. Room 1018 7<sup>th</sup> Street South

HELENA 3/10/03

RESTRICTED- UM H-COT Employees ONLY UM Helena College of Technology

**BUTTE 3/13/03** 

MTech SUB Big Butte Highlands Room

**BILLINGS 3/20/03** 

MSU-B SUB Lewis & Clark Room

**BOZEMAN 3/27/03** 

FW&P, Community Room 1400 South 19th

HELENA 4/03/03

DEQ Director's Conference Room 1520 East Sixth Avenue

RISK MANAGEMENT & TORT DEFENSE DIVISION

The

Risk Management

Tort Defense Division

Department of Administration

## **American Red Cross**

**First Aid** 



An open enrollment course

for state employees

## Course

## Objectives:

- Understand how to recognize and evaluate an emergency and what steps to take in an emergency.
- Learn how to protect yourself when responding to an emergency.
- Practice and learn the correct and safe way to move an injured individual.
- Emphasize the priorities of care for different injuries.
- Learn the techniques and importance of rescue breathing.
- Recognize signs of a heart attack and what to do when these signs are identified.
- Learn the procedures of performing adult CPR.
- Learn how to react to a choking emergency involving conscious and unconscious individuals.
- Understand the responses needed for sudden illnesses.
- Learn how to treat wounds, bleeding and burns, injuries to muscles, bones and joints as well as heat and cold related emergencies.
- Receive an American Red Cross Universal Certificate indicating Standard First Aid that is valid for 3 years and another indicating Adult CPR that is valid for 1 year.

The American Red Cross Standard First Aid course offered by the Risk Management & Tort Defense (RMTD) Division is a first aid and cardiopulmonary resuscitation (CPR) training program to prepare state employees to respond to injuries and sudden illnesses that may arise in the workplace. purpose of this course is to give state employees the knowledge and skills necessary to prevent, recognize, and provide basic care for injuries and sudden illnesses until advanced medical personnel arrive to take over.

There is no prerequisite for enrollment in this course. Employees with valid American Red Cross certificates may challenge this course to renew their certification. See information within this flier.



This course is offered to state employees at no cost to them or their agency.

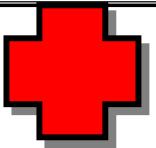
As a no-cost course with very limited space, RMTD may restrict registration.

Student materials will be retained by RMTD with additional materials available to participants from their local American Red Cross offices.

A fee will be charged for registered individuals who do not attend this course.

# Certification

Upon successful course completion, each participant will receive an American Red Cross Universal Certificate indicating First Aid that is valid for 3 years and another indicating Adult CPR that is valid for 1 year.



#### To receive a certificate for American Red Cross Workplace Training: Standard First Aid Course the participant must-

- Attend all class sessions
- Demonstrate competency in all required skills
- Participate in all skill sessions and scenarios
- Successfully pass the final written exam

This course is offered by the Risk Management & Tort Defense Division by RMTD staff members whom are certified instructors with the

American Red Cross.



Employees who hold <u>current</u>
American Red Cross certificates
for Adult CPR and/or Standard
First Aid may challenge this
course to renew their certification.

## To successfully challenge this course, you must:

- Pre-Register for the Challenge Course
- Hold valid American Red Cross certification
- Demonstrate knowledge and skill competency
- Pass the written exam

The Challenge course is offered at each location one hour prior to the scheduled full-day course.

Participants who do not successfully pass the challenge may rechallenge with their local American Red Cross office as long as their certification is valid, or attend the full-day course as space permits.

Participants may contact RMTD and check out study material prior.

Pre-Register @ www.discoveringmontana.com/doa/rmtd